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Eich dyletswyddau fel cofrestrydd

# Safonau ymddygiad, perfformiad a moeseg

# Cynnwys

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## Rhaid i gofrestyddion:

- hyrwyddo a diogelu buddiannau defnyddwyr gwasanaeth a gofalwyr;
- gyfathrebu'n briodol ac effeithiol;
- weithio o fewn terfynau eu gwybodaeth a sgiliau;
- ddirprwyo'n briodol;
- barchu cyfrinachedd;
- reoli risg;
- adrodd ar bryderon am ddiogelwch;
- fod yn agored pan aiff pethau o chwith;
- fod yn onest a dibynadwy; a
- chadw cofnodion o'u gwaith.

# Cyflwyniad

## Amdanom ni

Ni yw'r Cyngor Proffesiynau Iechyd a Gofal (HCPC), rheolydd a sefydlwyd i ddiogelu'r cyhoedd. I wneud hyn, rydym yn cadw cofrestr o weithwyr sy'n bodloni ein safonau ar gyfer sgiliau proffesiynol, gwybodaeth ac ymddygiad. Cyfeirir at y bobl ar ein cofrestr fel 'cofrestryddion'.

## Ynghylch y ddogfen hon

Mae'r ddogfen hon yn sefydlu'r safonau ymddygiad, perfformiad a moeseg. Cyflwynir y safonau, mewn termau cyffredinol, sut ydyn ni'n disgwyl i gofrestryddion ymddwyn.

Ar hyn o bryd rydym yn rheoleiddio'r 16 o broffesiynau canlynol.

- Therapyddion celf
- Gwyddonwyr biofeddygol
- Ciropodyddion / podiatregwyr
- Gwyddonwyr clinigol
- Dietegwyr
- Cyflenwyr teclynnau clyw
- Therapyddion galwedigaethol
- Ymarferwyr adran weithredol
- Orthoptwyr
- Parafeddygon
- Ffisiotherapyddion
- Ymarferwyr seicolegol
- Prosthetyseddion / orthotyddion
- Radiograffyddion
- Gweithwyr cymdeithasol yn Lloegr
- Therapyddion lleferydd ac iaith

Mae ein cofrestryddion yn gweithio mewn ystod o wahanol leoliadau, sy'n cynnwys practis uniongyrchol, rheolaeth, addysg, ymchwil a rolau mewn diwydiant. Maent hefyd yn gweithio gydag amrywiaeth o wahanol bobl, yn cynnwys cleifion, cleientiaid, gofalwyr a gweithwyr eraill.

Yn y ddogfen hon, rydym wedi ceisio defnyddio termau y gall pawb eu deall. Esbonnir rhai termau sydd ag ystyr penodol yn y canllaw hwn yn yr eirfa ar ddiwedd y llyfryn.

## **Beth mae'r safonau yn golygu i wahanol grwpiau**

### **Defnyddwyr gwasanaeth, gofalwyr a'r cyhoedd**

Os ydych chi'n derbyn gofal, triniaeth neu wasanaethau eraill gan un o'n cofrestryddion, neu os byddwch eisiau gwneud yn y dyfodol, bydd y safonau yn eich helpu i ddeall sut ddylai ein cofrestryddion ymddwyn tuag atoch chi. Bydd y safonau hefyd yn ddefnyddiol os ydych chi'n ofalwr.

Ar yr achlysuron prin pan fydd pethau'n mynd o chwith, gall unrhyw un fynegi pryder trwy ein proses addasrwydd i ymarfer (gweler tudalen 15). Gallwn weithredu os oes pryderon difrifol yng Nghymru gwybodaeth, sgiliau neu ymddygiad gweithiwr iechyd a gofal.

Rydym yn defnyddio'r safonau ymddygiad, perfformiad a moeseg i'n helpu i benderfynu a oes angen i ni weithredu i ddiogelu'r cyhoedd.

## **Cofrestryddion ac ymgeiswyr**

Os ydych chi wedi cofrestru gyda ni, rhaid i chi sicrhau eich bod yn gyfarwydd gyda'r safonau a'ch bod yn parhau i'w bodloni. Os ydych chi'n ymgeisio i gael eich cofrestru, bydd angen i chi lofnodi datganiad i gadarnhau y byddwch yn cadw at y safonau unwaith y byddwch wedi cofrestru.

Fel cofrestrydd, rydych chi'n bersonol gyfrifol am sut ydych chi'n ymddwyn. Bydd angen i chi ddefnyddio eich doethineb wrth wneud penderfyniadau gwybodus a rhesymol a bodloni'r safonau. Rhaid i chi fod yn barod i gyflawnhau eich penderfyniadau a gweithredoedd ar bob adeg.

Gallai gwneud penderfyniadau gwybodus a rhesymol gynnwys cael cyngor a chefnogaeth gan gydweithwyr, darparwyr addysg, cyflogwyr, cyrff proffesiynol, undebau llafur neu bobl eraill. Yn benodol, rydym yn cydnabod y rôle werthfawr mae cyrff proffesiynol yn chwarae o ran cynrychioli a hyrwyddo buddiannau eu haelodau. Mae hyn yn aml yn cynnwys darparu canllaw a chyngor ar arfer da, sy'n gallu'ch helpu i fodloni'r safonau.

## **Myfyrwyr**

Mae'r safonau hefyd yn berthnasol i chi os ydych yn fyfyrwr ar raglen a gymeradwywyd gan yr HCPC. Rydym wedi cyhoeddi dogfen arall 'Canllaw ar ymddygiad a moeseg i fyfyrwyr', sy'n sefydlu beth mae'r safonau yn eu golygu i chi.

# Y safonau

## 1. Hyrwyddo a diogelu buddiannau defnyddwyr gwasanaeth a gofalwyr

### Trin defnyddwyr gwasanaeth a'u gofalwyr gyda pharch

- 1.1 Rhaid i chi drin defnyddwyr gwasanaeth a gofalwyr fel unigolion, gan barchu eu preifatrwydd ac urddas.
- 1.2 Rhaid i chi weithio mewn partneriaeth gyda defnyddwyr gwasanaeth a gofalwyr, gan eu cynnwys, ble fo'n briodol, mewn penderfyniadau am ofal, triniaeth neu wasanaethau eraill i'w darparu.
- 1.3 Rhaid i chi annog a helpu defnyddwyr gwasanaeth, ble fo'n briodol, i gynnal eu hiechyd a lles eu hunain, ac i'w cefnogi er mwyn iddynt allu gwneud penderfyniadau gwybodus.

### Sicrhewch fod gennych gydsyniad

- 1.4 Rhaid i chi sicrhau bod gennych gydsyniad defnyddwyr gwasanaeth neu awdurdod priodol arall cyn i chi ddarparu gofal, triniaeth neu wasanaethau eraill.

### Herio gwahaniaethu

- 1.5 Ni ddylech wahaniaethu yn erbyn defnyddwyr gwasanaeth, gofalwyr na chydweithwyr trwy ganiatáu i'ch barnau personol effeithio ar eich perthnasau proffesiynol na gofal, triniaeth na gwasanaethau eraill a ddarperir gennych.
- 1.6 Rhaid i chi herio cydweithwyr os ydych chi'n meddwl eu bod wedi gwahaniaethu yn erbyn, neu eu bod yn gwahaniaethu yn erbyn, defnyddwyr gwasanaeth, gofalwyr a chydweithwyr.

### Cynnal terfynau priodol

- 1.7 Rhaid i chi gadw eich perthynas gyda defnyddwyr gwasanaeth a gofalwyr yn broffesiynol.

## **2 Cyfathrebu'n briodol ac effeithiol**

### **Cyfathrebu gyda defnyddwyr gwasanaeth a gofalwyr**

- 2.1 Rhaid i chi fod yn foesgar ac ystyrlon.
- 2.2 Rhaid i chi wrando ar ddefnyddwyr gwasanaeth a gofalwyr ac ystyried eu hanghenion a dymuniadau.
- 2.3 Rhaid i chi roi'r wybodaeth i ddefnyddwyr gwasanaeth a gofalwyr maent angen, mewn ffordd y gallant ei deall.
- 2.4 Rhaid i chi sicrhau, ble fo'n bosibl, y gwneir trefniadau i fodloni anghenion ieithyddol a chyfathrebu defnyddwyr gwasanaeth a gofalwyr.

### **Gweithio gyda chydweithwyr**

- 2.5 Rhaid i chi weithio mewn partneriaeth gyda chydweithwyr, gan rannu eich sgiliau, gwybodaeth a phrofiad ble fo'n briodol, er lles defnyddwyr gwasanaeth a gofalwyr.
- 2.6 Rhaid i chi rannu gwybodaeth berthnasol, ble fo'n briodol, gyda chydweithwyr sy'n ymwneud â gofal, triniaeth neu wasanaethau eraill a ddarperir i ddefnyddiwr gwasanaeth.

### **Cyfryngau cymdeithasol a gwefannau rhwydweithio**

- 2.7 Rhaid i chi ddefnyddio pob math o gyfathrebu yn briodol a chyfrifol, gan gynnwys cyfryngau cymdeithasol a gwefannau rhwydweithio.

## **3 Gweithio o fewn terfynau eich gwybodaeth a sgiliau**

### **Cadw o fewn eich cwmpas ymarfer**

- 3.1 Rhaid i chi gadw o fewn eich cwmpas ymarfer trwy ymarfer yn y meysydd ble mae gennych wybodaeth, sgiliau a phrofiad priodol ar eu cyfer yn unig.
- 3.2 Rhaid i chi gyfeirio defnyddiwr gwasanaeth at ymarferwr arall os yw'r gofal, triniaeth neu wasanaethau eraill maent angen tu hwnt i'ch cwmpas ymarfer.

## **Cynnal a datblygu eich gwybodaeth a sgiliau**

- 3.3 Rhaid i chi gadw eich gwybodaeth a sgiliau yn gyfredol a pherthnasol i'ch cwmpas ymarfer trwy ddatblygiad proffesiynol parhaus.
- 3.4 Rhaid i chi fod yn gyfredol gydag a dilyn y gyfraith, ein canllaw ac unrhyw ofynion eraill sy'n berthnasol i'ch ymarfer.
- 3.5 Rhaid i chi ofyn am adborth a'i ddefnyddio i wella eich ymarfer.

## **4 Dirprwyo'n briodol**

### **Dirprwyo, trosolwg a chefnogaeth**

- 4.1 Rhaid i chi ddirprwyo gwaith i rywun sydd â'r wybodaeth, sgiliau a phrofiad sydd angen i'w gyflawni'n ddiogel ac effeithiol yn unig.
- 4.2 Rhaid i chi barhau i ddarparu goruchwyliaeth a chefnogaeth briodol i'r rhai yr ydych yn dirprwyo gwaith iddynt.

## **5 Parchu cyfrinachedd**

### **Defnyddio gwybodaeth**

- 5.1 Rhaid i chi drin gwybodaeth am ddefnyddwyr gwasanaeth yn gyfrinachol.

### **Datgelu gwybodaeth**

- 5.2 Dim ond dan yr amgylchiadau hyn y dylech ddatgelu gwybodaeth gyfrinachol:
  - os oes gennych ganiatâd;
  - os yw'r gyfraith yn caniatáu hyn;
  - ei bod er lles gorau'r defnyddiwr gwasanaeth; neu
  - os yw er lles y cyhoedd, er enghraifft os yw'n angenrheidiol i amddiffyn diogelwch y cyhoedd neu i atal niwed i eraill.

## **6    Rheoli risg**

### **Nodi a lleihau risg**

- 6.1 Rhaid i chi gymryd pob cam rhesymol i leihau risg o niwed i ddefnyddwyr gwasanaeth, gofalwyr a chydweithwyr cyn belled ag sy'n bosibl.
- 6.2 Ni ddylech wneud unrhyw beth, na chaniatáu i unrhyw un wneud unrhyw beth, a allai greu risg annerbyniol i iechyd neu ddiogelwch defnyddiwr gwasanaeth, gofalwr neu gydweithiwr.

### **Rheoli eich iechyd**

- 6.3 Rhaid i chi wneud newidiadau i sut ydych yn ymarfer, neu stopio ymarfer, os gallai eich iechyd corfforol neu feddyliol effeithio ar eich perfformiad neu farn, neu greu risg i eraill am unrhyw reswm.

## **7    Adrodd ar bryderon am ddiogelwch**

### **Adrodd ar bryderon**

- 7.1 Rhaid i chi adrodd unrhyw bryderon sydd gennych am ddiogelwch neu les defnyddwyr gwasanaeth yn brydlon a phriodol.
- 7.2 Rhaid i chi gefnogi ac annog unrhyw rai eraill i adrodd ar bryderon a pheidio atal unrhyw un rhag codi pryderon.
- 7.3 Rhaid i chi gymryd camau priodol os oes gennych bryderon am ddiogelwch neu les plant neu oedolion bregus.
- 7.4 Rhaid i chi sicrhau bod iechyd a lles defnyddwyr gwasanaeth yn dod cyn unrhyw deyrngarwch proffesiynol neu arall.

### **Mynd ar drywydd pryderon**

- 7.5 Rhaid i chi fynd ar drywydd unrhyw bryderon yr ydych wedi eu hadrodd ac, os oes angen, eu huwchgyfeirio.
- 7.6 Rhaid i chi gydnabod a gweithredu ar bryderon a godir i chi, gan ymchwilio, uwchgyfeirio neu ddelio â'r pryderon hynny ble fo'n briodol i chi wneud hynny.

## **8 Bod yn agored pan aiff pethau o chwith**

### **Bod yn agored gyda defnyddwyr gwasanaeth a gofalwyr**

- 8.1 Rhaid i chi fod yn agored ag onest pan fydd rhywbeth wedi mynd o chwith gyda'r gofal, triniaeth neu wasanaethau eraill a ddarperwch trwy:
- hysbysu defnyddwyr gwasanaeth neu, ble fo'n briodol, eu gofalwyr, bod rhywbeth wedi mynd o'i le;
  - ymddiheuro;
  - cymryd camau i unioni pethau os yn bosibl; a
  - gwneud yn siŵr bod defnyddwyr gwasanaeth neu, ble fo'n briodol, eu gofalwyr, yn derbyn esboniad llawn a phrydlon o beth sydd wedi digwydd ac unrhyw effeithiau tebygol.

### **Delio â phryderon a chwynion**

- 8.2 Rhaid i chi gefnogi defnyddwyr gwasanaeth a gofalwyr sydd eisiau codi pryderon ynghylch yr ofal, triniaeth neu wasanaethau eraill a dderbyniont.
- 8.3 Rhaid i chi roi ymateb cynorthwyo ac onest i unrhyw sy'n cwyno ynghylch yr ofal, triniaeth neu wasanaethau eraill a dderbyniont.

## **9 Bod yn onest a dibynadwy**

### **Ymddygiad personol a phroffesiynol**

- 9.1 Rhaid i chi wneud yn siŵr bod eich ymddygiad yn cyflawnhau ymddiriedaeth a hyder y cyhoedd ynoch chi a'ch proffesiwn.
- 9.2 Rhaid i chi fod yn onest am eich profiad, cymwysterau a sgiliau.
- 9.3 Rhaid i chi wneud yn siŵr bod unrhyw weithgareddau proffesiynol yr ydych yn ymwneud â nhw yn gywir ac nad ydynt yn debygol o gamarwain.
- 9.4 Rhaid i chi ddatgan unrhyw faterion allai greu gwirthdar o buddiannau a sicrhau nad ydynt yn dylanwadu ar eich barn.

## **Gwybodaeth bwysig am eich ymddygiad a chymhwyster**

- 9.5 Rhaid i chi roi gwybod i ni cyn gynted â phosibl os:
- byddwch yn derbyn rhybudd gan yr heddlu neu eich bod wedi eich cyhuddo, neu'ch cael yn euog, o dramgwydd troseddol;
  - yw sefydliad arall sy'n gyfrifol am reoleiddio proffesiwn iechyd neu ofal cymdeithasol wedi cymryd camau neu wneud casgliad yn eich erbyn; neu
  - rhoddwyd unrhyw gyfngiad ar eich ymarfer, neu os ydych wedi'ch gwahardd neu ddiswyddo gan gyflogwr, oherwydd pryderon am eich ymddygiad neu gymhwyster.
- 9.6 Rhaid i chi gydweithredu gydag unrhyw ymchwiliad i'ch ymddygiad neu gymhwyster, ymddygiad neu gymhwyster eraill, neu ofal, triniaeth neu wasanaethau eraill a ddarperir i ddefnyddwyr gwasanaeth.

## **10 Cadw cofnodion o'ch gwaith**

### **Cadwch gofnodion cywir**

- 10.1 Rhaid i chi gadw cofnodion llawn, clir, a chywir ar gyfer pawb yr ydych yn gofalu amdanyst, trin neu ddarparu gwasanaethau eraill iddynt.
- 10.2 Rhaid i chi gwblhau'r holl gofnodion yn brydlon a chyn gynted â phosibl wedi darparu gofal, triniaeth neu wasanaethau eraill.

### **Cadw cofnodion yn ddiogel**

- 10.3 Rhaid i chi gadw cofnodion yn ddiogel trwy eu hamddiffyn rhag colled, difrod neu fynediad amhriodol.

# Addasrwydd i ymarfer

Pan fyddwn yn dweud bod rhywun yn 'addas i ymarfer', rydym yn golygu bod ganddo'r sgiliau, gwybodaeth, cymeriad ac iechyd sydd angen i ymarfer ei broffesiwn yn ddiogel ac effeithiol.

Gallwn ystyried pryderon y mae aelodau'r cyhoedd, cyflogwyr, gweithwyr proffesiynol, yr heddlu a phobl eraill yn eu codi am addasrwydd cofrestrydd i ymarfer. Pan fyddwn yn penderfynu a ydym angen cymryd unrhyw gamau yn erbyn cofrestrydd i ddiogelu'r cyhoedd, rydym yn edrych i weld os yw'r cofrestrydd wedi bodloni'r safonau hyn.

Gallwch gael rhagor o wybodaeth am ein proses addasrwydd i ymarfer yn ein pamffledi 'Sut i fynegi pryer' a 'Beth sy'n digwydd os codir pryer amdanaf'. Gallwch lawrlwytho'r rhain o'n gwefan ar [www.hcpc-uk.org](http://www.hcpc-uk.org), neu gallwch ein ffonio ar 020 7840 9806 i ofyn am gopi.

# Geirfa

## Camwahaniaethu

Trin person neu grŵp o bobl yn annheg ac yn wahanol i bobl eraill neu i grwpiau eraill o bobl. Mae hyn yn cynnwys trin eraill yn wahanol oherwydd eich barn chi am eu ffordd o fyw, eu diwylliant neu'u statws cymdeithasol neu economaidd, yn ogystal â nodweddlion a ddiogelir gan y gyfraith - oed, anabledd, ar sail ailbennu rhywedd, hil, priodas a phartneriaeth sifil, beichiogrwydd a mamolaeth, crefydd neu gred, rhyw a chyfeiriadedd rhywiol.

## Cwmpas ymarfer

Y meysydd y mae gan gofrestrydd yr wybodaeth, sgiliau a phrofiad angenrheidiol ynddynt i allu ymarfer yn ddiogel ac effeithiol.

## Cydsyniad

Caniatâd i gofrestrydd ddarparu gofal, triniaeth neu wasanaethau eraill, a roddir gan ddefnyddiwr gwasanaeth, neu rywun yn gweithio ar ei ran, wedi derbyn yr holl wybodaeth mae ei angen yn rhesymol i wneud y penderfyniad hwnnw.

## Cydweithiwr

Gweithwyr iechyd a gofal eraill, myfyrwyr a hyfforddeion, gweithwyr cefnogaeth, gofalwyr proffesiynol ac eraill sy'n ymwneud â darparu gofal, triniaeth neu wasanaethau eraill i ddefnyddiwr gwasanaeth.

## Cyfeirio

I ofyn i rywun arall ddarparu gofal, triniaeth neu wasanaethau eraill sydd tu hwnt i'ch cwmpas ymarfer neu, os yw'n berthnasol, oherwydd bod y defnyddiwr gwasanaeth wedi gofyn am ail farm.

## Datgelu

Yn y safonau hyn, mae hyn yn cyfeirio at wneud penderfyniad ffurfiol i rannu gwybodaeth am ddefnyddiwr gwasanaeth gydag eraill, fel yr heddlu.

## **Defnyddiwr gwasanaeth**

Unrhyw un sy'n defnyddio neu wedi ei effeithio gan wasanaethau cofrestryddion, er enghraifft, cleifion neu gleientiaid.

## **Dirprwyo**

Gofyn i rywun arall gyflawni tasg ar eich rhan.

## **Gofal, triniaeth neu wasanaethau eraill**

Term cyffredinol i ddisgrifio gwaith gwahanol mae ein cofrestryddion yn ei gyflawni.

## **Gofalwr**

Unrhyw un sy'n gofalu am, neu'n darparu cefnogaeth i, aelod o'r teulu, partner neu ffrind.

## **Moeseg**

Y credoau sy'n tywys ymddygiad neu farn unigolyn.

## **Uwchgyfeirio**

I basiso pryder am ddiogelwch neu les defnyddiwr gwasanaeth ymlaen at rywun sydd mewn sefyllfa well i allu gweithredu, er enghraifft, cydweithiwr uwch, rheolwr neu reolydd.

## **Ymarferydd**

Gweithiwr iechyd a gofal sy'n ymarfer ei broffesiwn ar hyn o bryd.

## **Ymddiheuro**

Esbonio'n glir bod yn ddrwg gennych am beth sydd wedi digwydd. Nid yw'r HCPC yn ystyried ymddiheuriad, ar ei ben ei hun, i fod yn gyfaddefiad o atebolwydd na chamwedd.

## **Ymddygiad**

Ymddygiad gweithiwr iechyd a gofal.

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Your duties as a registrant

# Standards of conduct, performance and ethics

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## **Registrants must:**

- promote and protect the interests of service users and carers;
- communicate appropriately and effectively;
- work within the limits of their knowledge and skills;
- delegate appropriately;
- respect confidentiality;
- manage risk;
- report concerns about safety;
- be open when things go wrong;
- be honest and trustworthy; and
- keep records of their work.

# Introduction

## About us

We are the Health and Care Professions Council (HCPC), a regulator set up to protect the public. To do this, we keep a register of professionals who meet our standards for their professional skills, knowledge and behaviour. The people on our register are referred to as ‘registrants’.

## About this document

This document sets out the standards of conduct, performance and ethics. The standards set out, in general terms, how we expect registrants to behave.

We currently regulate the following 16 professions.

- Arts therapists
- Biomedical scientists
- Chiropodists / podiatrists
- Clinical scientists
- Dietitians
- Hearing aid dispensers
- Occupational therapists
- Operating department practitioners
- Orthoptists
- Paramedics
- Physiotherapists
- Practitioner psychologists
- Prosthetists / orthotists
- Radiographers
- Social workers in England
- Speech and language therapists

Our registrants work in a range of different settings, which include direct practice, management, education, research and roles in industry. They also work with a variety of different people, including patients, clients, carers and other professionals.

In this document we have tried to use terms which everyone can understand. Some terms which have a specific meaning in this guide are explained in the glossary at the end of this booklet.

## **What the standards mean for different groups**

### **Service users, carers and the public**

If you are receiving care, treatment or other services from one of our registrants, or you might do so in the future, the standards will help you to understand how our registrants should behave towards you. The standards will also be helpful if you are a carer.

On the rare occasions that something goes wrong, anyone can raise a concern through our fitness to practise process (see page 11). We can take action when there are serious concerns about a health and care professional's knowledge, skills or behaviour.

We use the standards of conduct, performance and ethics to help us decide whether we need to take action to protect the public.

## **Registrants and applicants**

If you are registered with us, you must make sure that you are familiar with the standards and that you continue to meet them. If you are applying to be registered, you will need to sign a declaration to confirm that you will keep to the standards once you are registered.

As a registrant, you are personally responsible for the way you behave. You will need to use your judgement so that you make informed and reasonable decisions and meet the standards. You must always be prepared to justify your decisions and actions.

Making informed and reasonable decisions might include getting advice and support from colleagues, education providers, employers, professional bodies, trade unions or other people. In particular, we recognise the valuable role professional bodies play in representing and promoting the interests of their members. This often includes providing guidance and advice about good practice, which can help you meet the standards.

## **Students**

The standards also apply to you if you are a student on an HCPC-approved programme. We have published another document, ‘Guidance on conduct and ethics for students’, which sets out what the standards mean for you.

# The standards

## 1. Promote and protect the interests of service users and carers

### Treat service users and carers with respect

- 1.1 You must treat service users and carers as individuals, respecting their privacy and dignity.
- 1.2 You must work in partnership with service users and carers, involving them, where appropriate, in decisions about the care, treatment or other services to be provided.
- 1.3 You must encourage and help service users, where appropriate, to maintain their own health and well-being, and support them so they can make informed decisions.

### Make sure you have consent

- 1.4 You must make sure that you have consent from service users or other appropriate authority before you provide care, treatment or other services.

### Challenge discrimination

- 1.5 You must not discriminate against service users, carers or colleagues by allowing your personal views to affect your professional relationships or the care, treatment or other services that you provide.
- 1.6 You must challenge colleagues if you think that they have discriminated against, or are discriminating against, service users, carers and colleagues.

### Maintain appropriate boundaries

- 1.7 You must keep your relationships with service users and carers professional.

## **2 Communicate appropriately and effectively**

### **Communicate with service users and carers**

- 2.1 You must be polite and considerate.
- 2.2 You must listen to service users and carers and take account of their needs and wishes.
- 2.3 You must give service users and carers the information they want or need, in a way they can understand.
- 2.4 You must make sure that, where possible, arrangements are made to meet service users' and carers' language and communication needs.

### **Work with colleagues**

- 2.5 You must work in partnership with colleagues, sharing your skills, knowledge and experience where appropriate, for the benefit of service users and carers.
- 2.6 You must share relevant information, where appropriate, with colleagues involved in the care, treatment or other services provided to a service user.

### **Social media and networking websites**

- 2.7 You must use all forms of communication appropriately and responsibly, including social media and networking websites.

## **3 Work within the limits of your knowledge and skills**

### **Keep within your scope of practice**

- 3.1 You must keep within your scope of practice by only practising in the areas you have appropriate knowledge, skills and experience for.
- 3.2 You must refer a service user to another practitioner if the care, treatment or other services they need are beyond your scope of practice.

## **Maintain and develop your knowledge and skills**

- 3.3 You must keep your knowledge and skills up to date and relevant to your scope of practice through continuing professional development.
- 3.4 You must keep up to date with and follow the law, our guidance and other requirements relevant to your practice.
- 3.5 You must ask for feedback and use it to improve your practice.

## **4 Delegate appropriately**

### **Delegation, oversight and support**

- 4.1 You must only delegate work to someone who has the knowledge, skills and experience needed to carry it out safely and effectively.
- 4.2 You must continue to provide appropriate supervision and support to those you delegate work to.

## **5 Respect confidentiality**

### **Using information**

- 5.1 You must treat information about service users as confidential.

### **Disclosing information**

- 5.2 You must only disclose confidential information if:
  - you have permission;
  - the law allows this;
  - it is in the service user's best interests; or
  - it is in the public interest, such as if it is necessary to protect public safety or prevent harm to other people.

## **6 Manage risk**

### **Identify and minimise risk**

- 6.1 You must take all reasonable steps to reduce the risk of harm to service users, carers and colleagues as far as possible.
- 6.2 You must not do anything, or allow someone else to do anything, which could put the health or safety of a service user, carer or colleague at unacceptable risk.

### **Manage your health**

- 6.3 You must make changes to how you practise, or stop practising, if your physical or mental health may affect your performance or judgement, or put others at risk for any other reason.

## **7 Report concerns about safety**

### **Report concerns**

- 7.1 You must report any concerns about the safety or well-being of service users promptly and appropriately.
- 7.2 You must support and encourage others to report concerns and not prevent anyone from raising concerns.
- 7.3 You must take appropriate action if you have concerns about the safety or well-being of children or vulnerable adults.
- 7.4 You must make sure that the safety and well-being of service users always comes before any professional or other loyalties.

### **Follow up concerns**

- 7.5 You must follow up concerns you have reported and, if necessary, escalate them.
- 7.6 You must acknowledge and act on concerns raised to you, investigating, escalating or dealing with those concerns where it is appropriate for you to do so.

## **8 Be open when things go wrong**

### **Openness with service users and carers**

- 8.1 You must be open and honest when something has gone wrong with the care, treatment or other services that you provide by:
- informing service users or, where appropriate, their carers, that something has gone wrong;
  - apologising;
  - taking action to put matters right if possible; and
  - making sure that service users or, where appropriate, their carers, receive a full and prompt explanation of what has happened and any likely effects.

### **Deal with concerns and complaints**

- 8.2 You must support service users and carers who want to raise concerns about the care, treatment or other services they have received.
- 8.3 You must give a helpful and honest response to anyone who complains about the care, treatment or other services they have received.

## **9 Be honest and trustworthy**

### **Personal and professional behaviour**

- 9.1 You must make sure that your conduct justifies the public's trust and confidence in you and your profession.
- 9.2 You must be honest about your experience, qualifications and skills.
- 9.3 You must make sure that any promotional activities you are involved in are accurate and are not likely to mislead.
- 9.4 You must declare issues that might create conflicts of interest and make sure that they do not influence your judgement.

## **Important information about your conduct and competence**

- 9.5 You must tell us as soon as possible if:
- you accept a caution from the police or you have been charged with, or found guilty of, a criminal offence;
  - another organisation responsible for regulating a health or social-care profession has taken action or made a finding against you; or
  - you have had any restriction placed on your practice, or been suspended or dismissed by an employer, because of concerns about your conduct or competence.
- 9.6 You must co-operate with any investigation into your conduct or competence, the conduct or competence of others, or the care, treatment or other services provided to service users.

## **10 Keep records of your work**

### **Keep accurate records**

- 10.1 You must keep full, clear, and accurate records for everyone you care for, treat, or provide other services to.
- 10.2 You must complete all records promptly and as soon as possible after providing care, treatment or other services.

### **Keep records secure**

- 10.3 You must keep records secure by protecting them from loss, damage or inappropriate access.

# Fitness to practise

When we say someone is ‘fit to practise’, we mean that they have the skills, knowledge, character and health they need to practise their profession safely and effectively.

We can consider concerns which members of the public, employers, professionals, the police and other people raise about a registrant’s fitness to practise. When we are deciding whether we need to take any action against a registrant to protect the public, we look at whether the registrant has met these standards.

You can find out more information about our fitness to practise process in our brochures ‘How to raise a concern’ and ‘What happens if a concern is raised about me’. You can download these from our website at [www.hcpc-uk.org](http://www.hcpc-uk.org), or you can phone us on 020 7840 9806 to ask for a copy.

# Glossary

## **Apologising**

Making it clear that you are sorry about what has happened. The HCPC does not regard an apology, of itself, as an admission of liability or wrongdoing.

## **Carer**

Anyone who looks after, or provides support to, a family member, partner or friend.

## **Care, treatment or other services**

A general term to describe the different work that our registrants carry out.

## **Colleague**

Other health and care professionals, students and trainees, support workers, professional carers and others involved in providing care, treatment or other services to service users.

## **Conduct**

A health and care professional's behaviour.

## **Consent**

Permission for a registrant to provide care, treatment or other services, given by a service user, or someone acting on their behalf, after receiving all the information they reasonably need to make that decision.

## **Delegate**

To ask someone else to carry out a task on your behalf.

## **Disclose**

In these standards, this refers to making a formal decision to share information about a service user with others, such as the police.

## **Discriminate**

To unfairly treat a person or group of people differently from other people or groups of people. This includes treating others differently because of your views about their lifestyle, culture or their social or economic status, as well as the characteristics protected by law – age, disability, gender reassignment, race, marriage and civil partnership, pregnancy and maternity, religion or belief, sex and sexual orientation.

## **Escalate**

To pass on a concern about a service user's safety or well-being to someone who is better able to act on it, for example, a more senior colleague, a manager or a regulator.

## **Ethics**

The values that guide a person's behaviour or judgement.

## **Practitioner**

A health and care professional who is currently practising in their profession.

## **Refer**

To ask someone else to provide care, treatment or other services which are beyond your scope of practice or, where relevant, because the service user has asked for a second opinion.

## **Scope of practice**

The areas in which a registrant has the knowledge, skills and experience necessary to practise safely and effectively.

## **Service user**

Anyone who uses or is affected by the services of registrants, for example, patients or clients.

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